

**Utah Behavioral Health Planning and Advisory Council**

***PRELIMINARY Meeting Minutes***

April 25, 2016, 1:00-3:00 pm, MASOB, room 4051,  
Multi-Agency State Office Building (MASOB)  
195 N 1950 W, Salt Lake City

---

***“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”***

---

**ATTENDEES:** Ken Rosenbaum, Lori Cerar, Peggy Hostetter, William Bryant, Kevin Foote, Renee Chipman, Valerie Fritz, Kimball Gardner, Dan Braun, Mary Jo McMillen, Nicole Fraedrich and Lynn Munson

**DSAMH STAFF:** Jeremy Christensen, Kyle Larson, Robert Snarr, Cami Roundy, Pam Bennett and Susan Hardinger

**EXCUSED:** Jamie Justice, LeAnne Huff

**REMOTE ATTENDANCE:** Christy Caulderin, Valley Behavioral Health

**1. Welcome, introductions & thank-you** Kimball Gardner, NAMI Utah-Chair

Kimball Gardner welcomed all in attendance.

- June 10, 2016 from 10:00-2:00 at the South Towne Expo Center , 9575 S State St in Sandy will be the MENTAL HEALTH IN THE WORKPLACE SUMMIT. Lunch is provided.

Register at <http://goo.gl/forms/5LBZU2tvQm> For questions contact Kim Myers [kmyers@utah.gov](mailto:kmyers@utah.gov) or Kim Gardner at [kimg@namiut.org](mailto:kimg@namiut.org).

May 21 at 5:00 pm NAMI Utah is having a community BBQ. “Spring into Mental Health and Bounce Out Stigma”. FREE of charge. Zumba, bounce houses, games and prizes, snow cones, music and mental health facts & education. For questions call 801-869-2887 Sugarhouse Park, Fabian Lakeside Pavilion, 1330 E 2100 S SLC 4:30-6:30 pm  
Register at [goo.gl/ynYYb1](http://goo.gl/ynYYb1) by May 16, 2016

May 1-7 was declared by Governor Herbert as Children’s Mental Health Awareness. There will be a Walk the Block from 3:00-5:00 pm in Davis county

June 10 will be the next Peer Conference.

June 5 will be the FRF Supervisor Training

May 23 will be the yearly Crisis Counseling Training at the Sheraton Hotel in SLC.

**2. Review, approve and vote on the March 28, 2016 UBHPAC meeting minutes**

Valeri Fritz requested two changes to the March minutes. Those changes have been noted.

Motion to approve the March, 2016 UBHAC meeting minutes: Nicole Fraedrich, seconded by Lori Cerar, all were in favor.

### **3. May 2016 is Mental Health Month**

#### **4. Vote on Valerie Fritz as co-chair**

Valerie Fritz was nominated by the Executive Committee as a co-chair of UBHPAC.

She was asked to tell a little about herself. She has been in the substance use field since 1978, with Odyssey House for 22 years, 15 years as CEO of the House of Hope. She retired in June 2015, however, started grant writing in October 2015, working 20 hours a week, is on the DOPL Substance Use Disorder Counselor board and is a UBHPAC committee member.

Peggy Hostetter made the motion that Valerie Fritz be co-chair of UBHPAC, Bill Bryant seconded the motion and all were in favor.

#### **5. Tying budgets to Division strategies**

Jeremy Christensen reviewed the Block Grant budget and the complexity of it.

Kyle Larson, the Division's Administrative Services Director reported on the funding source status as requested by UBHPAC. He brought up the information on the screen for all to see and follow along.

Lori Cerar asked about the Division's goals and what funding goes to those goals.

Kyle responded that there are several overlaps in funding.

Lori asked about gaps in services.

Jeremy Christensen said that the Division looks at trends and where to focus. Also what programs to support and the strategy.

Kyle stated that spending is not tracked by program but rather the funding source. He said that the area plans are where we have the biggest influence.

Jeremy Christensen said that the monitoring reports are published so we can see the gaps in services. A consumer satisfaction survey is given at the local authorities every visit or every month to measure the progress. Jeremy then explained the quality improvement process. There is a YOQ (Youth outcome questionnaire) and OQ (Adult outcome questionnaire).

Pam Bennett sent around a handout titled Strategic Plan- Peer Support in Supported Employment/Individual placement and Support (WE/IPS) Teams.

It has their Mission Statement, Vision Statement and five strategies with goals and objectives.

#### **Goal #3- Peer Support Services**

There will be a Peer Summit in October.

The Medicaid rate for Peer Support billing has gone from \$7.37 to \$8.19 so the local authorities would hire more.

Admin Buy in- Appreciate the unique role the Peer Support Specialists play.

We would like to see peers utilized.

Making progress with peer training; USU, OPTIMUM, VA, Nat'l Guard.

Looking at having a Peer Support Summit prior to the Fall Substance Use Conference.

#4 Justice-background check-How to clean up criminal record and do expungements. There is a Comprehensive Review Committee to work with DOPL to see who would qualify and what is needed.

#5 Keep workforce healthy- WRAP (wellness recovery action plan) training. We are building subcommittees. Let Pam know if you want to participate on the committees.

**6. Follow-up: Division letter sent to Local Authorities to encourage participation on the Council**

Doug Thomas wrote a letter to all the local authority directors asking their participation in our council meetings remotely. We are grateful to Doug Thomas, Jeremy Christensen and team for bringing this to us.

Christy Calderon from VMH is the first participant.

**7. Preferred Drug List Legislation Update**

Jamie Justice was unable to attend today's meeting to report so this was tabled.

**8. Division Reports**

**a. SL County site visit**

Tabled

**9. Mental Health Liaison Group march 15 letter re Mental health Reform Act**

**10. Open Forum Discussion:**

Peggy Hostetter said that the Utah Health Policy Project meetings are from 1-3 in the Cannon Building, SLC, Rm 1410. The next meeting will be April 29.

Kim Gardner said that the Executive Committee would like more peer member input: What is going well and what needs the UBHPAC's attention. Other discussion was other ways to identify who is not getting services and why. They discussed a survey, and community focus groups.

**Announcements & Other Discussion:**

Kim Gardner thanked the attendees for all they do and the passion they have to help and support those in need.

Mary Jo McMillen made the motion to adjourn today's Council meeting at 3:00 pm.

Next Meeting: June 27, 2016 at 1 pm

*Thank you for your support of the UBHPAC!*

---

Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit [www.dsamh.utah.gov](http://www.dsamh.utah.gov) – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.